Parkinson’s Disease Resources for Pharmacists

# [Canadian guideline for Parkinson Disease](https://www.parkinsonclinicalguidelines.ca/wp-content/uploads/2019/10/guideline-executive-summary.pdf)

* [Parkinson’s Disease support groups to recommend for patients](https://www.parkinson.bc.ca/resources-services/support-groups/)
* [Checklist for People Living with Parkinson’s Disease](https://www.parkinson.bc.ca/media/134128/parkinsons-disease-checklist-for-comprehensive-care-plan_final.pdf)
* [Beyond the Tremor: Non-motor Symptoms of Parkinson’s Disease](https://www.parkinson.bc.ca/media/194713/beyond-the-tremor-hcp-mft.pdf)

Parkinson’s Disease Resources for Patients

# Exercise Resources

# [PSBC Video Recordings](https://www.parkinson.bc.ca/resources-services/resources/online-exercise-resources/)

# [PWP Weekly Zoom Classes](https://parkinsonwellnessproject.org/schedule)

# Parkinson’s Support Group

# [Regional Support Group & Carepartner Support Group](https://www.parkinson.bc.ca/resources-services/support-groups/)

# [PWP Monthly Support Group](https://parkinsonwellnessproject.org/support-groups)

# [Depression/Anxiety Support](https://www.fraserhealth.ca/Service-Directory/Services/mental-health-and-substance-use/mental-health-centres/mental-health-centres#.YRTQaohKiUk)

# Medication Management Resources

# [Motor Symptoms Readings](https://www.parkinson.bc.ca/resources-services/resources/#motor)

# [Parkinson’s Medication Youtube Series](https://www.youtube.com/channel/UC65k63uHIXHFp-stRyQsBaQ)

# Cognitive Behavioral Therapy (CBT)

# [Calm on Youtube](https://www.youtube.com/user/calmdotcom)

# [Art Therapy Classes](https://fraservalleyarttherapy.com/)