**Diabetes Awareness – Patient Handouts**

A variety of resources are available to assist you in communicating key messages to patients. Here is a summary of some that may be helpful to have available at Station D:

Prediabetes (HealthlinkBC)

<https://www.healthlinkbc.ca/health-topics/uz1410>

Type 1 Diabetes – the basics (Canadian Diabetes Association)

<http://guidelines.diabetes.ca/cdacpg/media/documents/patient-resources/type-1-diabetes-the-basics.pdf>

Type 2 Diabetes – the basics (Canadian Diabetes Association)

<http://guidelines.diabetes.ca/cdacpg/media/documents/patient-resources/type-2-diabetes-the-basics.pdf>

Heart Healthy Eating (HealthLinkBC)

<https://www.healthlinkbc.ca/healthlinkbc-files/heart-healthy-eating>

Comparing Sugar Substitutes (HealthLinkBC)

<https://www.healthlinkbc.ca/health-topics/abj7112>