## Medication Risk Assessment Questionnaire\*

If you take several medications, you may benefit from talking with a clinical pharmacist to ensure you have answers to your medication questions and are getting the best possible treatment results.

To find out if you could benefit from this service, please answer the following questions as best you can:

•		NO	YES
Do you take <b>5 or more</b> different medications? (including prescription, non-prescription, vitamins, and herbal therapies)			
Do you take <b>12 or more</b> pills each day? (including prescription, non-prescription, vitamins, and herbal therapies)			
Do you take <b>any</b> medications for:	Nerves, stress, anxiety, or depression		
	Blood pressure or heart disease		
	Arthritis or pain		
	Diabetes		
	Lung Disease		
Does <b>more than 1</b> physician or nurse practitioner prescribe medications for you on a regular basis?			
Are you taking medications for <b>3 or more</b> medical conditions?			
Do you get your prescriptions filled at <b>more than 1 pharmacy</b> ?			
Have your medications, or the instructions on how to take them, changed ${\bf 4}\ {\bf or}$ more times in the past year?			
Do you have difficulties taking your medications as prescribed?			
Do you sometimes worry about the long-term effects of your medications?			
Do you have any unanswered questions about your medications?			

If you answered **YES** to **3 or more questions** we encourage you to ask for an appointment with the on-site clinical pharmacist or phone the **UBC Pharmacists Clinic at 604-827-2584** for an appointment.

<sup>\*</sup>Makowsky MJ, Cave AJ, Simpson SH. Feasibility of a self-administered survey to identify primary care patients at risk of medication-related problems, Journal of multidisciplinary healthcare, 2014;7:123